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PASTOR'S CORNER

2024 YEAR OF PRAYER

Early in November, Holy Father Pope Francis announced that the year 2024, in preparation for the Jubilee 2025, would be dedicated to prayer for Catholics around the world.

"I wanted next year, in preparation for the 2025 Jubilee, to be entirely dedicated to prayer," -Pope Francis

Practically speaking, how can we live out this call to make prayer a central part of our lives? Here are a few ways we might build a consistent habit of prayer in the new year.

MAKE PRAYER PART OF YOUR EXISTING HABIT

A popular tactic for building a new habit is to "hook" it onto an existing habit.

If you drink a cup of coffee every morning, you might make a plan to pray while you're sipping that morning joe.

Do you go to the gym after work every day? The trip there, or some quiet time while stretching and cooling down, can be a chance to pray for a few minutes.

You get the idea. Hooking your prayer time onto an existing habit can help you build this new good habit.

MAKE USE OF "WASTED" TIMES

One of my favorite ways to manage my time better is to make use of liminal spaces, or in other words, "wasted" time. For example, I like to listen to a prayer reflection while cleaning my room or wait at the station for the train to arrive etc...

A friend always prays the Morning Offering on the drive to school with kids. Another prays the Rosary on his morning walk.

Again, you get the idea. We can look for opportunities to turn otherwise "wasted" time into a moment of connection with God.

SET A PARTICULAR TIME IN YOUR SCHEDULE

At the same time, we can't just squeeze our prayer lives into the margins. If this is a concern, we might find it helpful to schedule prayer time on your calendars. Even just 10 minutes of prayer in the morning makes an enormous difference, bringing God's peace and joy into our lives so that we can feel the effects all day long.

USE TECHNOLOGY (WITHIN REASON)

Not everyone is going to find technology beneficial for prayer, so of course, do what's best for you. I do enjoy listening to prayer reflections as well as praying the Rosary with an app and listening to spiritual reading audiobooks on my phone.

Even if you don't like to do any of those things, you might just find it helpful to set a timer or alert to remind you when to pray. St. Dominic used to tell his brothers to read the signs of the times. Using gadgets could be one of them.

Here's to building a strong habit of prayer in the new year!

Fr. Joseph



2ND SUNDAY OF ORDINARY TIME

JANUARY 14TH, 2024

UPCOMING EVENTS

Jan 19- FRI Seniors Gathering Bingo and Snacks

> Jan 20 - FRI Mass Wedding Info Session

Jan 23 - TUES Week of prayer for Christian Unity

> Feb 2 - March 24 CLP - CFC Handmaids

> > Feb 16 - FRI Alpha Program

SUNDAY MASS READINGS YEAR A

FIRST READING SAMUEL 3:3B-10, 19

RESPONSORIAL PSALM PS 40:1+3A, 6, 7-8,9 (R.7-8)

> SECOND READING 1 CORINTHIANS 6:13C-15A, 17-20

> > GOSPEL JOHN 1: 35-42





@stmarysvancouver

SUNDAY MASSES (AND SATURDAY)

SAT 05:00 pm (anticipated mass)

SUN 08:00 am | 09:30 am | 11:15 am | 01:00 pm 03:00 pm (*Tagalog*) | 05:00 pm | 07:00 pm

DAILY MASSES

MON - FRI SAT WED-FRI 08:30 am 07:00 pm

CONFESSION

SUNDAY before & after mass | **WEEKDAY** after mass

DEVOTIONS

MON - FRI 07:15 am Rosary & Lauds

WED 06:00 pm Novena: Our Lady of Perpetual Help

THU 06:00 pm Rosary & Prayer for Vocations

RI 03:00 pm Divine Mercy

06:00 pm Novena: Two Hearts of Jesus & Mary

07:00 pm Adoration of the Blessed Sacrament 09:00 pm Benediction

SAT 07:45 am Rosary & Lauds

ANNOUNCEMENTS **UPDATES | NEWS | EVENTS**





🦍 Week of Prayer for Christian Unity | Jan 23 Tues 7pm @ St.Mary's Parish | Canadian Council of Churches

Jesus prayed for his disciples before his death, "may all be one," as he and the Father are one. Each January, 1 week is set aside to pray for Christian Unity. Catholics are encouraged to join with other Christian churches to heal our divisions by coming together to pray for unity.

This will be the third year that St. Thomas Anglican Church and St. Mary's offer a joint prayer service. We invite one and all to attend!

Bingo and Snacks | Jan.19th Fri 1:30-3:30 Seniors Gatherings | St.Mary's Parish

Hey Seniors! Join us next week for a fun Friday of games and snacks! Next events: Feb.16th, Mar.15th

Register: smvanseniors@gmail.com or 604-435-9611 ext.200

Mass Wedding | 2nd Info Session | Jan 20 Sat 6-8pm St.Mary's Project Cana

Married outside the Catholic Church? Desire to regularize your union for sacramental access? Join Fr. Joseph DSouza, OP, in celebrating the Mass Wedding for civilly married couples on Oct 19, 2024. A cost-effective, communal celebration awaits! Join us!

Second Info session | Jan 20, 2024 - SAT | 6-8 PM

For more info rcia.smarv@rcav.org or 604-435-9611 ext. 205



🏡 Non-perishable Food Drive | Jan 13 - June 30 Knights of Columbus | St.Mary's Council 13072

We'll be collecting canned goods, packaged noodles/ramen, and other non-perishable food items beginning on Saturday, Jan 13, @ 5 p.m. mass until Sunday, June 30, 7 p.m. mass, in specially marked boxes located in the Church foyer.

All collected food items will be delivered to The Door Is Open at the end of June 2024.



Catholic Street Missionaries + St.Mary's Street Min

CSM SUMMER OUTREACH A young adult multi-week homeless outreach and leadership program. Interested? catholicstreetmissionaries.org/horizon

Donations for the homeless

Wrapped bite-size chocolates, new men's socks, blankets, sleeping bags, winter dothing. Label donations as "Street Ministries" and drop off to either ushers or the parish office during regular hours.

Volunteer Opportunity | Street Ministries

Interested in homeless outreach, organizing events, and communication? Contact Mildred at:

778-885-9611 or email mmoy_ca@yahoo.com



🕌 Christian Life Program | Feb 4 - Mar 24 (On Sundays) CFC - Handmaids of the Lord Ministry

The program is FREE. Attend only 8 Sunday sessions and listen to talks and allow Jesus to reveal His call to you.

> Feb 4 - Mar 24 | 8 Consecutive Sundays St.Mary's Parish @ 10 am - 12 pm

For more info:

Flora - 778-388-1938 | leetconstantino@gmail.com Leonora - 604-728-4424 | nora.ramos@gmail.com



PPPG Book of Job | Jan 18 Thurs 7pm

Padre Pio Prayer Group | Online Bible Study w/Fr.David Bellusci

So you think you know the Bible? Who is Job? What role do Job's friends (Eliphaz, Bildad, and Zophar) have? What do we find out through Elihu? Job teaches something extremely important about suffering. Join us and find out!

> For Zoom meeting ID and password email: pppgvancouver@gmail.com.



Vocation Live-In Weekend | Feb 10 - 11

Seminary of Christ the King

There will be a Vocation Live-In on the weekend of February 10 Saturday to February 11 Sunday at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome.

> For more info contact: 604-826-8975 | rector.minors@sck.ca



We need you! Singers, Guitarists, Bassists, cajon players 5PM Sunday Youth Choir

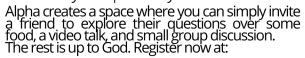
Looking for youth and young adults who want to offer their musical talents. **Weekly Practice** (except 3d week of the month):

> FRI 7:45PM - Rectory basement SUN 4:15PM - St.Mary's Parish choir area

Wen | 604-780-2830 | seals.stmarys@gmail.com



We're running Alpha! | Feb 16, 2024 - Fri 7:00 pm Hosted by FFCC | At St.Mary's Parish Vancouver





forms.gle/KWarwyXdHYH2Ed5B7

Secondary School 2024-2025 | Accepting Applications Notre Dame Regional Secondary

We are now <u>accepting applications</u> for the <u>2024 - 2025 school year</u>

Open House | Jan 18, 2024 - SAT 5:30PM

Placement Exam | Jan 24 & 25, 2024



Kindergarten 2024-2025 | Accepting Applications St.Mary's Elementary School - stmary.bc.ca

We are now accepting applications for the kindergarten 2024-2025 school year. Child must be born in 2019 and turn 5 by Dec 31st. To apply or for more info contact

604 437-1312 | office.smarv@cisva.bc.ca



PARISH MINISTRIES



& Fr.David Bellusci



NEXT MEETING | Jan 18 -THURS @ 7:00PM ONLINE!

Next Topic: Book of Job

Learn the spirituality of St. Padre Pio with catechism led by Fr.David Email: pppgvancouver@gmail.com



NEXT MEETING | January 27 - SAT

D.N.A. is a men's Group meeting on the **2nd and the 4th Saturday of every month**, at **9:30am**, in the Parish Rectory basement. For more info reach out to Fr. Gabriel at: **604-435-9611**, **ext. 202** | **fathergabriel1@outlook.com**





NEXT MEETING | January 16, 2024

Come join the Mission Ablaze Prayer Group

Meet and experience the power and love of the Holy Spirit

Every Tues @ 07:30 PM - 09:00 PM at the church hall IN-PERSON & ZOOM

Email: missionablazesmv@gmail.com

CHRISTIAN MEDITATION



Every Weds @ 07:00 PM - at the church rectory basement Contact Cora: **calcuitas@gmail.com or 604-339-2904.**

PARISH RESOURCES

MPARISH LIBRARY

Have you checked out the collection of books, CDs, and DVDs in our library? View online catalogue at stmarysvancouver.ca/ministries/library

To borrow any resources Email our librarian,

Bill Murphy | wwmmurphy@hotmail.com

FORMED* | THE CATHOLIC FAITH. | formed.org/signup

- 1. Go to the formed site and Search by postal code: V5R 4G8
- 2. Select "St. Marys Vancouver 5251 Joyce Street"
- 3. Register with your name and email address
- 4. Check your emails for a link to begin using FORMED!

CATECHISM & SACRAMENTS



One of the couple must be Catholic and a parishioner of St. Mary's Parish. Contact us at least six months prior to the wedding. Make no wedding arrangement until you have met with the priest.



RCIA

Edwin | ext. 205 rcia.smarv@rcav.org

Rite of Christian Initiation for Adults is for adults in need of Baptism, First Communion, or Confirmation, or who want to learn more about the Catholic Faith.



VANSPEC

Christina | vanspec.smarv@rcav.org

One-on-one special needs catechism. Vanspec classes are led by volunteer catechists and aides who, with the assistance of the Program Director, adapt the content of each lesson and learning materials to the needs of the individual student.



INFANT BAPTISM

ext.200

reception.smarv@rcav.org

For infants 5 years old and younger. Family must be registered parishioners or must reside within parish boundaries. Non-parishioners must obtain permission from the pastor of their parish.



PREP

Edwin | ext.205 prep.smarv@rcav.org

Parish Religious Education Program. Catechism for children who are attending public schools. Registration opens in the summer of 2023 for SY 2023/24.



ANOINTING OF THE SICK & FUNERALS

Please contact the parish office to schedule a visit, to speak to a priest or to arrange a service.



ST. MARY'S ELEMENTARY SCHOOL - VANCOUVER BC

Principal: Ms. Brenda Krivuzoff 604-437-1312 Fax: 604-437-1193 office.smarv@cisva.bc.ca website: stmary.bc.ca

Stewardship Reflection

January 14, 2024 - 2nd Sunday in Ordinary Time

"Jesus turned and saw them following him and said to them, "What are you looking for?" - John 1:38

When we recognize who we are, it's easier to find what we are looking for. Once we see ourselves, and others, as children of God, we spend less time looking for the material comforts of the world. Instead, our hearts long for something deeper that can only be filled by God. Ask God daily how He wants you to live the life He intended for you,

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PARISH OFFICE	EXT. 201	Parish Priest	Fr. Joseph D'Souza, OP	jdsouza@rcav.org
	202	Assistant Pastor	Fr. Gabriel de Chadarévian	, OP gabrielmariedominique@gmail.com
Office Hours:	203	Assistant Pastor	Fr. Gilles Simard, OP	gsimard@rcav.org
Monday to Friday	-	Resident Pastor	Fr. David Bellusci, OP	davidbellusci@yahoo.ca
9:00 a.m. to 5:00 p.m.	204	Pastoral Assistant	Lorna Acosta	parish.smarv@rcav.org
604-435-9611 (phone)	205	PREP & RCIA Director	Edwin Cruz	prep.smarv@rcav.org rcia.smarv@rcav.org
604-439-9413 (fax)	209	Youth ministry Coord	Joyce Villaverde	youth.smarv@rcav.org
Located in the Rectory which is the	_	Vanspec	Christina Reyes Ocampo	vanspec.smarv@rcav.org
red brick house next to the church	207	Finance and Property	Jordan Nidua	smpacc@telus.net
on Joyce Street. Buzz Reception.	200	Reception	Priya Menezes	reception.smarv@rcav.org



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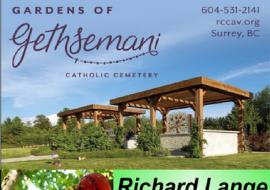
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