THIS WEEK IN OUR PARISH

SUNDAY FEB 12: 6TH SUNDAY IN ORDINARY TIME

12:00pm SFC (Seminar Room) 1:00pm SFL (Rectory Living Room) 1:00pm Light of Jesus (School Gym)

MONDAY FEB 13

TUESDAY FEB 14: STS. CYRIL & METHODIUS

6:00pm Baptism Preparation (Church) 6:45pm PREP Parents (Seminar Room)

7:00pm PREP (Church)

7:00pm MVA (Rectory Living Room)

7:00pm Families For Christ (School Gym)
7:00pm Christian Meditation (Rectory Basement)

7:00pm Spanish Rosary (Church Children's Room)

7:30pm Ablaze Charismatic Prayer Group (Church Basement)

WEDNESDAY FEB 15

6:45pm Bible Study (Church Basement)

6:45pm PREP Parents (Seminar Room)

7:00pm CFC (Rectory Basement)

7:00pm Fundraising Committee (Rectory Dining)
7:00pm Mass/Adoration/Confession (Church)

7:40pm Healing Prayer (Crying Room)

9:00pm Benediction (Church)

THURSDAY FEB 16

6:30pm Knights of Columbus (Church Basement Library)

7:00pm RCIA (Seminar Room) 7:00pm Mass/Adoration (Church)

9:00pm Benediction (Church)

FRIDAY FEB 17

5:30pm Youth Ministry (School Gym)

6:00pm SFL (Seminar Room)

6:00pm Street Ministry (Rectory Library)

7:00pm Mass/Adoration/Confession (Church) 7:40pm Healing Prayer (Crying Room)

9:00pm Benediction (Church)

SATURDAY FEB 18

8:00am Couples For Christ MER (Church Basement)

9:00am Mysteria Lucis (Rectory Basement)

10:00am Handmaids of the Lord (Seminar Room)

10:00am Youth Ministry BB (School Gym)

1:00pm YFC (School Gym)

2:00pm CFC-FFL (Rectory Basement)

3:00pm Street Ministry (Church Basement Library)

3:00pm Legion of Mary (Rectory Living Room)

5:00pm Luke 15 (Church Basement)

6:00pm Cancer Support Group (Rectory Living Room)

7:30pm ARC (Church)

SUNDAY FEB 19: 7TH SUNDAY IN ORDINARY TIME

1:00pm Migrant Ministry (Seminar Room)

PARISH INFORMATION

WEEKDAY MORNING MASS: Monday - Friday: 8am

Weekday Morning Rosary 7am / Weekday Morning Lauds 7:30am **WEEKDAY EVENING MASS:** Wednesday, Thursday, Friday 7pm

followed by Adoration at 7:45pm & Benediction at 9pm

SATURDAY MASS: Our Lady's Mass 8:30am SUNDAY MASS: Anticipated Mass Saturday 5pm

Sunday: 8am 9:30am 11:15am 1pm 3pm(Tagalog) 5pm 7pm

NOVENA TO OUR LADY OF PERPETUAL HELP: Wednesday 6pm NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL:

Thursday 7:20am & Saturday 8am DIVINE MERCY: Friday 3pm & 6:15pm

FIRST FRIDAY: Adoration of the Blessed Sacrament 9am-9pm

CONFESSION:

Weekdays: After all Masses (except Thursday Evening Mass)

Saturday: 9am-9:30am, 4:15pm- 4:55pm, 6:10pm- 7pm Sunday: Before & After all Masses

An appointment may be made through the Parish Office

HOLY COMMUNION: Available to shut-ins. Contact Parish Office.

BAPTISM: To register your child, see website or contact Parish Office. **MARRIAGE:** One of the couple must be Catholic and a parishioner of St. Mary's Parish before requesting the sacrament of marriage. Email parish.smarv@rcav.org **at least six months prior** to the wedding date to register for the required diocesan Marriage Preparation Course.

RCIA: Rite of Christian Initiation for Adults.

Coordinator: Edwin Cruz Email:rcia.smarv@rcav.org

PREP/TEEN PREP: Catechism for children attending public schools
Coordinator: Edwin Cruz E-mail: prep.smarv@rcav.org
Tuesdays or Wednesdays 6:30-8pm / Teen Prep Wednesdays only

YOUTH & YOUNG ADULT MINISTRY

Coordinator: Rocelyn Catris Email: youth.smarv@rcav.org

ST. MARY'S ELEMENTARY SCHOOL

Principal: Ms. Brenda Krivuzoff Website: www.stmary.bc.ca Phone: (604) 437-1312 Fax: (604) 437-1193

PASTORS & STAFF

Pastor: Fr. Pierre Leblond, O.P. (ext. 6)
Assistant Pastor: Fr. Gabriel de Chadarévian, O.P. (ext. 3)
Assistant to the Pastors: Theresa De Ocampo (ext. 6)
Finance & Property Manager: Ossie Fernandes (ext. 7)
Youth & Young Adult Ministry: Rocelyn Catris (ext. 247)
RCIA/PREP Coordinator: Edwin Cruz (ext. 5)
Reception: Marianne Peraro (ext. 0)

PARISH OFFICE HOURS: Monday to Friday: 8:45am to 5pm Ph:604-435-9611 Email:parish.smarv@rcav.org Web:www.stmarysvancouver.ca



Pastor's

St. Mary's Roman Catholic Church

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FEB 12, 2017

IS CHANGE POSSIBLE?

Do you ever wonder why we keep repeating the same sins? I can think of two main causes of that. One is that we don't desire enough to change, the other is that we are creatures of habit. In order to change our sinful habits, we need to choose repeatedly, consistently, and consciously the virtue opposed to our sin. If I let my impulses decide for me, I will choose the virtue some of the time, but most of the time, I will automatically fall back on my old habit. And each time I choose to act according to my usual sins, I reinforce that tendency to sin in that particular vice. I can be a lusting machine, or an angry man, or a jealous person. But each

time I **CHOOSE** to be chaste, or forgiving, or whatever is good, I become more forgiving, more chaste. I slowly reshape my character. For this, I need the grace of Christ. But Christ also needs my freely chosen effort. You cannot stop sinning completely in one choice, but repeat this choice over and over, and it will become a spontaneous



choice, a built-in way of reacting, a way of living.

The problem is that we are not consistent. We choose to do the right thing one time and the bad thing the next time. We are like a butterfly going nowhere but right or left, depending on which "flower" is more attractive. But we CAN change that. We do have a concrete model to follow: Jesus, as presented to us in the Gospel and as revealed to our hearts by the Holy Spirit.

In today's Gospel taken from chapter 5 of the Sermon on the Mount, in Matthew, Jesus reminds us that sin begins within us. Our mind and heart react to the external temptations in a certain habitual way. This habitual way is what we need to change, with the help of God. We need to change the perceptions of our mind and heart in accordance with those of Christ. This is possible because the Spirit of Christ lives within us. Let the Spirit mold your emotions, your

Pastor's Corner Continued...

Pastor's Corner Continued...

desires, your perception of yourself, of others, of the world. And start choosing consistently, repeatedly according to these perceptions and desires. If at first you do not succeed, you are a normal being! But it will get easier and easier.

Little by little, you will become a loving person instead of a lusting one, a generous person instead of a self-centered one, a forgiving person instead of a resentful and bitter one. It is worth trying. When you fail, ask God's forgiveness right away and when you can, go to confession. God makes big demands on us, but He showers us with extreme mercy and extreme patience. He doesn't look so much at the outcome but at the direction you are heading. "We are not ask to succeed, but to faithfully work at it." (adapted from Mother Teresa).



Don't let anything discourage you. After a relapse, immediately look at your Model and Helper. Put your hand into his, and He will pull you out of the murky waters.

You are a saint in the making! God is not finished with you yet. Seize every opportunity to choose well.

God bless you!

Fr. Pierre

PARISH NEWS

BIBLE STUDY

Would you like to grow in communion with God? Come to Lectio Divina this Wednesday, Feb 15 at 6:45pm in the church basement. We will study and meditate on the Gospel of the following Sunday - Matthew 5:38-48.

SPARK (GR.6-8) - NEXT EVENT

There is no event on Family Day, Feb 13. The next one is on Feb 20.

FLAME (GR.8-12) - YOUTH OPEN GYM

Don't let the cold weather stop you and your friends from enjoying indoor sports on Fri, Feb 17 from 6:30-8:30pm in St. Mary's School gym. Please bring water, towel, and extra shirt, if needed. No pre-registration required.

ASH WEDNESDAY

Lent begins on Ash Wednesday, March 1. Below is the schedule of Masses. Everyone is welcome to any of them.

8:00am - Church

9:45am - Church (School Mass)

5:00pm - Church

6:40pm - Church Basement (PREP Mass)

7:30pm - Church

LENTEN MEDITATION BOOKLETS

This weekend, Feb 11/12 and on Feb 25/26 after all Masses, Lenten meditation booklets are available for purchase at the special price of \$2. These booklets will accompany you in the prayerful observance of Lent.

LENTEN RETREAT

Mark your calendar! Save the dates! St. Mary's Lenten Retreat will be on Mar 13 to 15, Mon to Wed. Choice of 8am or 7pm sessions. Mass then Retreat Talk. Theme: Call to Holiness - To be Jesus Christ in the World Today. Speaker: Msgr. John Esseff. Exorcist for the Diocese of Scranton, he was guided by Padre Pio in the beginning of his ministry and later became a spiritual director to Mother Teresa.

DAUGHTERS OF ST. PAUL BOOK & MEDIA FAIR

The Daughters of St. Paul will be with us on the weekend of Feb 18 & 19 for a Catholic Book & Media Fair. They will bring a selection of Bibles, books, Music, CDs, and DVD movies for all ages from their Pauline Centre in Toronto. This is a great opportunity to get something for yourself or others before we start Lent. You can find more information about the life and mission of the Daughters of St. Paul/Pauline Books & Media at www.pauline.org.

COUPLES FOR CHRIST CHRISTIAN LIFE PROGRAM

We invite all married couples, singles, single parents, divorced, separated, widowed to a Christian Life Program (CLP) sponsored by Couples for Christ. The program starts Saturday, March 4 at 7:30pm in the Church Basement. Refreshments served, no fee. Bring your children along to join Kids for Christ-Christian Life Program. For more information, pls. contact: Choco and Paulette at 604-307-5719 or email choxgonzales@yahoo.com.

CWL EXECUTIVE MEETING

Barbara Dowding, past CWL National President, is the guest Speaker at the CWL event/meeting on Feb 21 at 6:30pm.

ARCHDIOCESAN NEWS

MARRIAGE ENCOUNTER WEEKEND

Start off the New Year by attending a Marriage Encounter Weekend! February 24-26, 2016 at the Carmel Hill Retreat Centre. Call Steve and Mary Bohnen to register 604-876-7298 or e-mail wwwmevancouverbc@gmail.com, or visit www.wwme.org

MEN'S DISCERNMENT NIGHT

Vocations in Progress for men is an opportunity to meet priests, ask questions, and learn about their life and spirituality. This informal event will include prayer, dinner, and discussion. Join us Wednesday, Feb 15 at 7pm at St. Nicholas Parish, Langley. For more info visit vocationsvancouver.ca/events/vip/

VOCATION LIVE-IN

On the weekend of Feb 17-19, there will be a Vocation Live-In for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. For more information call 604-826-8715.

WILL WORDING

The Development Office of the Archdiocese of Vancouver is pleased to present a workshop on Will Wording. Presented by lawyers Ritchie Wong, Sasha Ramnarine, and Tim Lack, they will discuss why it is important to have a will and what to consider including in your will. Join us Thursday, Feb 23, 7pm for a 30-40 minute presentation, then 15-minute Q&A at Canadian Martyrs Parish, Richmond. To register, visit rcav.org/epg

CATHOLIC HIGH SCHOOLS CHORAL FESTIVAL

Join us for the 1st CHSCF, featuring award-winning choirs from Archbishop Carney, Holy Cross, Little Flower Academy, St. Patrick's, St. Thomas Aquinas, and St. Thomas More, on Thursday, Feb 16, 7-9pm at St. Andrew's Wesley, 1022 Nelson St. Vancouver. Visit www.catholicchoralfestival.bpt.me. Cost: \$10.

I have set before you life and death, blessings and curses.

Choose life so that you and your descendants may live,
loving the LORD your God, obeying him, and holding fast to him.

- Deuteronomy 30:19-20